



**Aga Khan Health Board for Pakistan in collaboration with
Aahung organized**

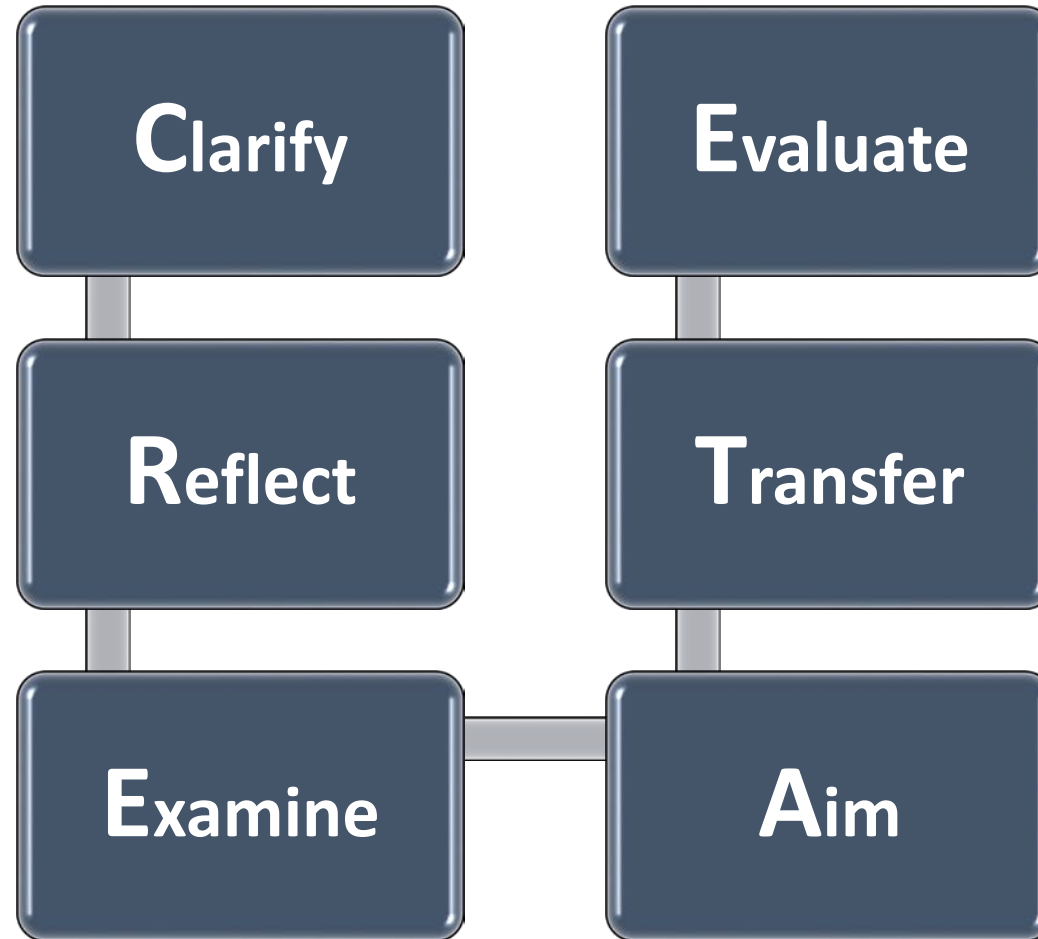
**CREATE: A Cascade Training Approach to Enhance
Peoples' Knowledge, Attitude, and Practice to Address
Adolescents' Sexual and Reproductive Health and
Rights (SRHR) Issues**

**Neelam Moiz
Packard Youth Champion (2014)**

Need for SRHR Services in Pakistan

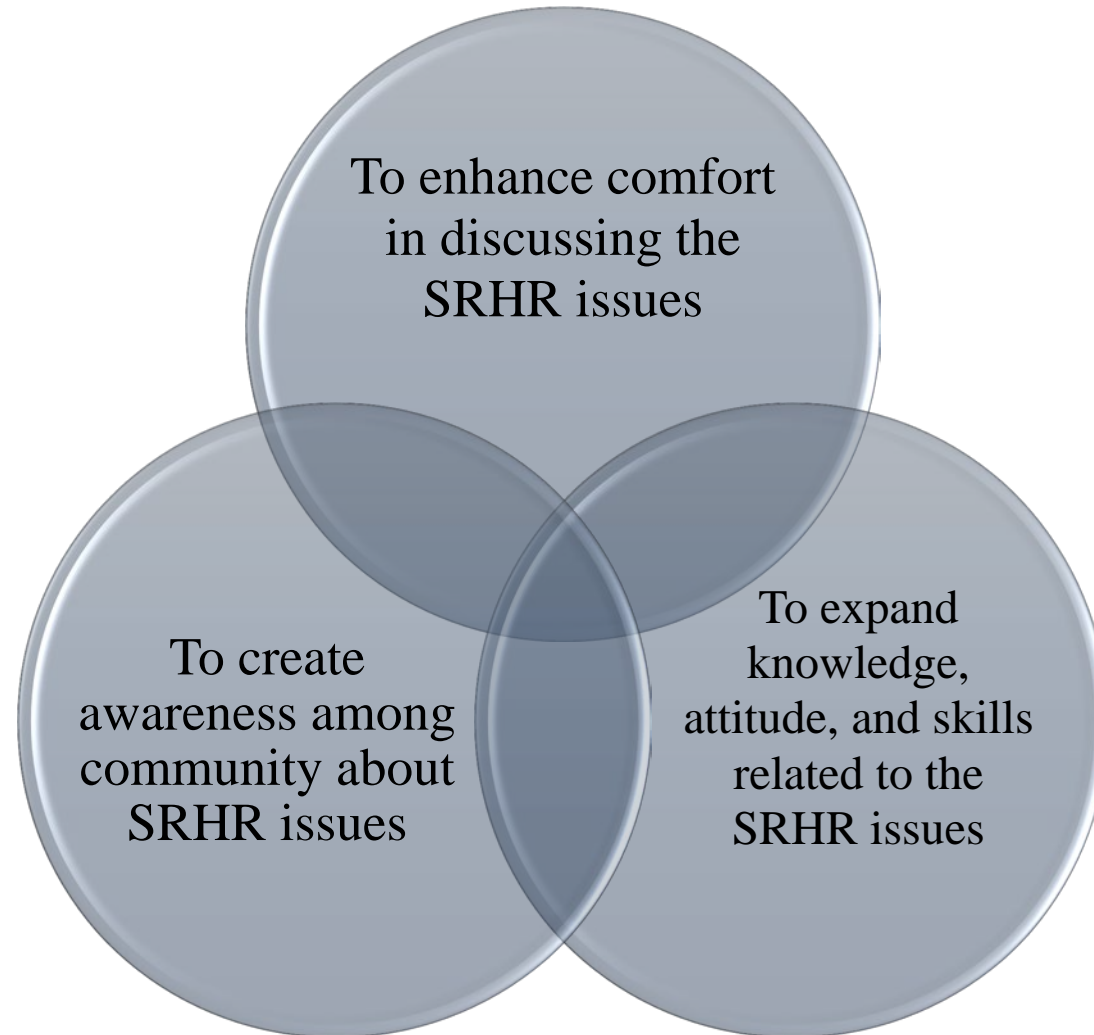


Acronym of CREATE

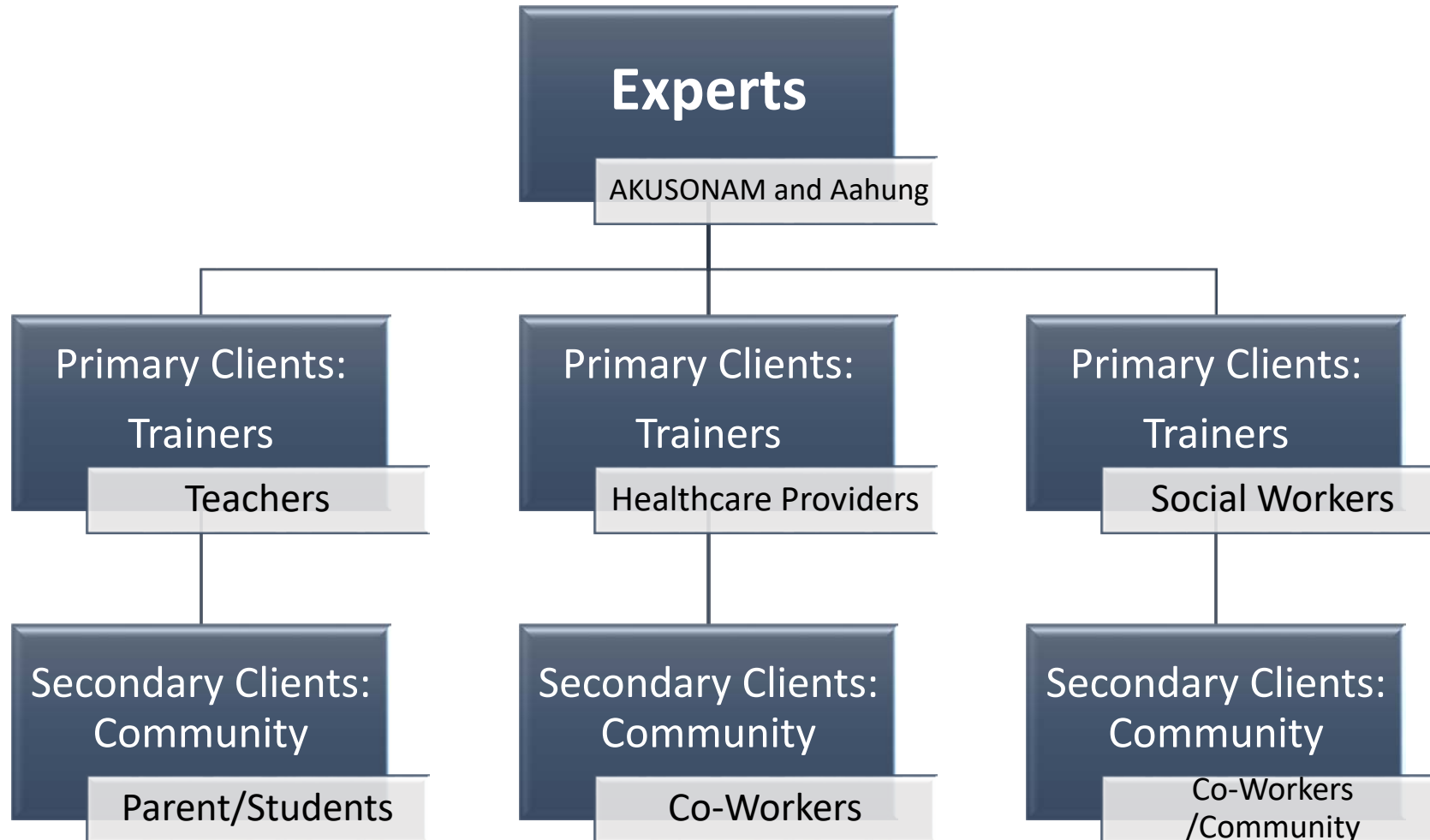


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Intent of CREATE Project



Cascade Approach of the Training



Project Activities

- Three days CREATE ToT.
- Replications of the training.
- Focus group discussion.
- Phone Counseling services.
- Community experiences through phone calls.



Replications in Karachi



Replications Interior Sindh



Highlights of the Outcomes

- Participants comfort level and knowledge level in addressing SRHR matters is enhanced after attaining the training regardless of their professional expertise.
- Community found the replicated sessions extremely useful and majority of them rated the sessions “excellent”.
- The community found that the sessions help them
 - Gain language skills related to sensitive issues
 - Build positive relations with their children
 - Enhance comfort in initiating the conversation

Challenges

- Using the word “SEXUAL HEALTH” in our trainings.
- The community didn't use the facility of phone counseling.
- Dealing/addressing conservative issues

Way Forward

- The master trainers can directly serve as a member in AKHB'P.
- AKHB'P has planned similar ToTs in southern, northern, and central regions of Pakistan from 2016-2018 .
- AKHB'P has started planning of initiating a helpline